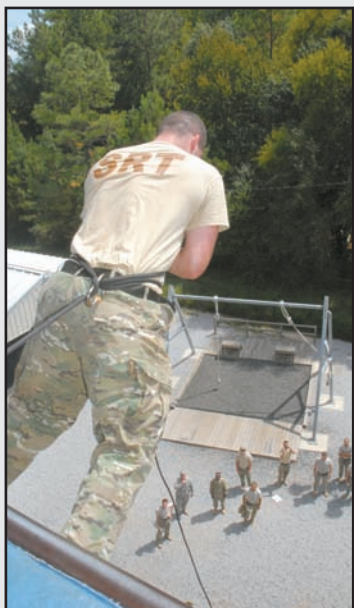


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# The Fort Jackson Leader



Thursday, September 24, 2009

Published for the Fort Jackson/Columbia, S.C. Community

www.jackson.army.mil

# It's showtime

## King takes reins at Drill Sergeant School

By STEVE REEVES  
Fort Jackson Leader

Command Sgt. Maj. Teresa King made it clear that even though she just made history Tuesday, she was more concerned with the immediate future.

"I'm ready to train," King told a large audience, one that included Sgt. Maj. of the Army Kenneth Preston, during the ceremony that installed her as the new commandant of the Drill Sergeant School.

King is the first female commandant of the school, a fact that has garnered national media attention.

The 28-year Army veteran said she is focused on doing her job of training drill sergeants for the Army the best she can.

"I am deeply humbled and very grateful for this opportunity," King told the group that had gathered in front of Post Headquarters. "If it wasn't for God, I wouldn't be here today."

King, formerly the 369th Adjutant General Battalion's command sergeant major, said she is fully aware of her responsibility as the commandant of the Drill



KING

See KING: Page 3

### What's cooking?



Photo by STEVE REEVES

Sgt. Maj. of the Army Kenneth Preston chats with Soldiers in Advanced Individual Training at the 369th Adjutant General Battalion dining facility during his visit to Fort Jackson Tuesday. In addition to meeting Soldiers, Preston spoke at the Maude Leadership Lecture and attended the Drill Sergeant School Change of Responsibility. For more on Preston's visit, see Page 3.



# Flu protection efforts take center stage

According to the latest weekly statistics from the Centers for Disease Control and Prevention, our state is one of 21 in the country where the spread of the flu is categorized as widespread.

So if you haven't taken this year's flu threat seriously, it is time to listen up.

First of all and most important, I would like for you to rest assured that Fort Jackson has anticipated the onslaught of the virus and has an aggressive plan in place to combat both the seasonal flu and the H1N1 flu virus. I can assure you that our objective is to limit the spread of any type of influenza strain in our community, which in itself creates challenges because of the fact that we are a Basic Combat Training center.

Among a daily population of 30,000, we have roughly 10,000 Soldiers in training, with 800 to 1,000 new Soldiers arriving here each week. We have a number of preventative measures in place that reinforce our sanitation effort to reduce the spread of germs. Simple things, such as frequent hand washing and good personal hygiene actions, are very important in minimizing the spread of germs.

Reinforcing this objective, all Soldiers and employees will carry alcohol-based hand sanitizers. Meanwhile, hand sanitation stations are readily available across post, and hundreds of additional stations are being set up in our ongoing effort. In addition to more intense personal hygiene, social practices and the spacing between indi-

## BRIG. GEN. BRADLEY W. MAY

*Fort Jackson  
Commanding  
General*



viduals will be modified.

Hand shaking is discouraged. Office spacing and the distance between bunks in the barracks will be maximized. Soldiers also will sleep in a head-to-toe pattern to reduce risks. As you can see, our mission to limit the spread of the flu — or any contagious disease, for that matter — requires that maximum effort and participation on your part. The community is only as successful as its members.

Information and educational efforts have been stepped up to ensure that our entire community is aware of the best practices to limit their exposures to any virus. We will continue to track illness in our entire population with daily reports. This information will allow us to respond accordingly to any specific threats.

Also, I feel it important to mention that this past week, Moncrief Army Community Hospital announced its sea-

sonal flu shot schedule. These shots are for the seasonal flu and not H1N1. Flu shots for H1N1 are not yet available.

Beginning Oct. 5, seasonal flu shots will be administered at the Solomon Center 8 a.m. to 2 p.m. on Mondays and every other Saturday, and 10 a.m. to 5 p.m. on Wednesdays. Active-duty personnel will receive vaccinations with their units, which assists in readiness accountability.

Family members, beneficiaries and retirees with valid military identification can receive their shots through Moncrief.

Small children — 6 months to 3 years old — will get their shots at the Family Health Clinic. Elementary school children, teachers and parent beneficiaries will be vaccinated at the schools. For a detailed explanation, see the flu-shot schedule on Page 18 in today's *Leader*.

We realize that despite the best plans, some will get sick.

There is a good chance we will see the number of cases spike between now and March. We anticipate the biggest surge during the first week of January after the end of Block Leave, when 10,000 return to post.

All in all, I am confident that we will meet this mission head on and will continue to do everything we can to protect our Soldiers, families and civilians.

We will continue to keep all of you informed.

Army Strong!

## *The Fort Jackson* **Leader**

**Fort Jackson, South Carolina 29207**

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Staff writer ..... Steve Reeves  
Staff writer ..... Delawese Fulton  
Web site ..... www.jackson.army.mil

Ask the garrison commander about:

## Army Good Conduct Medal

*I got out of the Army, but have recently come back on active duty. However, my DD Form 214 does not show that I was awarded the Army Good Conduct Medal. What can I do to have the medal awarded retroactively?*

If there is sufficient evidence provided of the Soldier's eligibility, the Soldier's current AGCM approval authority can make a determination based upon a review of the Soldier's previous service time and award the AGCM retroactively in accordance with Army Regulation 600-8-22, Military Awards, paragraph 4-11.

If the current approval authority decides there is not enough evidence of the Soldier's eligibility, or does not have access to the Soldier's Official Military Personnel File, a request may be submitted to the Director, Soldier Record Data Center (SRDC), ATTN: AHRC-EFS, 8899 E. 56th Street, Indianapolis, IN 46249-5301.

*I was in the process of clearing the installation before reporting to my next duty station when I was placed on a permanent 3 (P3) medical profile. My physical Profile, DA Form 3349, indicates that I've been referred to a MOS Medical Retention Board. I've moved my family and I'm ready to leave as well. Will this P3 profile keep me from moving as planned?*

Yes, it will. AR 600-60, Physical Performance Evaluation Systems, paragraph 3-6 states: "Soldiers who receive a permanent 3 or 4 physical profile after receiving assignment orders must appear before a MMRB before proceeding on reassignment." Soldiers may contact the Personnel Strength Management Work Center in the Strom Thurmond Building for additional guidance on this matter.

*I have just returned from Germany and wondered if Fort Jackson has anything like Oktoberfest on post?*

## COL. LILLIAN A. DIXON

*Fort Jackson  
Garrison  
Commander*



Each year FMWR, Outdoor Recreation sponsors an Oktoberfest-like event. This family event is scheduled from 11 a.m. to 2 p.m., Oct. 3 and is held in conjunction with Fire Prevention Week at the Fort Jackson Fire Station. The event will be called Hotoberfest and will have a German band and German food and will begin with a Volksmarch at 8 a.m. There will be games, a rock wall, an inflatable bounce house and door prizes. For more information, call Chuck Stoudemire at 751-0891.

The NCO Club also has an Oktoberfest event scheduled for 7-11 p.m., Oct. 9 will be from 1900-2300. The NCO Club will feature a German buffet with German desserts, German beer and wine. The club will have a DJ playing German favorites and will also have door prizes.

### GARRISON FACT OF THE WEEK

The Oktoberfest originated as a horse race honoring the marriage of Crown Prince Ludwig and Princess Therese in 1810.

By 1819, the race had been called off and replaced by beer carts and a carnival-like atmosphere. The leaders of Munich decided that Oktoberfest would be held each year, with no exceptions.

*To submit questions, call 751-2842, or e-mail scott.nahrwold@conus.army.mil.*



# Army's top NCO visits Fort Jackson

By STEVE REEVES  
Fort Jackson Leader

The Army's top noncommissioned officer said Soldiers' "dwell time" between combat deployments is increasing as the Army begins its most in-depth transformation since World War II.

That was just one of several topics that Sgt. Maj. of the Army Kenneth Preston spoke about during a daylong visit to Fort Jackson on Tuesday, which included his lecture about critical issues facing the Army at the Lt. Gen. Timothy J. Maude Leadership Lecture Series in the Solomon Center.

The Maude lecture series is meant to inspire young Soldiers to become strong leaders in the Army.

Preston, who recently spoke with President Obama about issues facing the Army and is the Army chief of staff's personal adviser on all enlisted-related matters, also said the Army is making a concerted effort to improve the mental health of Soldiers and reduce suicides.

Preston, who devotes the majority of his time traveling throughout the Army observing training and talking to Soldiers and families, said the most common question he hears is about the amount of dwell time between deployments.

At the height of the Iraqi troop surge, Soldiers routinely deployed for 15 months and could expect to be home for 12 months before going on another deployment.

But Preston said changes being made to the Army mean that the amount of dwell time is increasing. He said that can be attributed to the Army's Strategic Imperatives, which include sustaining the all-volunteer force through



Photo by STEVE REEVES

**Sgt. Maj. of the Army Kenneth Preston answers questions about Soldiers' dwell time and other issues facing the Army during a visit to Fort Jackson Tuesday. Preston also spoke at the Lt. Gen. Timothy J. Maude Leadership Lecture Series.**

recruiting and retention and transforming the Army into what he described as a "modular force" — one in which active Army, Reserve and National Guard units are interchangeable.

The Army has also grown significantly in recent years and will add as many as 22,000 new Soldiers in the next few years, meaning units should be fully manned.

This means Soldiers should have more time to spend with their families in between deployments, Preston said.

"This will result in more stability and predictability for Soldiers and families," he said.

Emphasis on Comprehensive Army Fitness is meant to help Soldiers cope with stress, Preston said, and is part of the Army's efforts to reduce suicides. The program focuses on improving fitness in the five most important parts of Soldiers' lives: physical, mental, spiritual, social and family fitness.

"It's about helping Soldiers build resilience in each of those five categories," he said. "That's what makes the individual Army Strong."

Preston started his day at Fort Jackson by attending a change of responsibility ceremony in which Command Sgt. Maj. Teresa King became the first female commandant of the Drill Sergeant School.

Preston praised King for her abilities as an NCO and said she deserved the assignment.

"She's got the credentials, she's got the experience," Preston said.

Preston also spoke with Advanced Individual Training Soldiers from the 369th Adjutant General Battalion and urged them to become NCOs themselves and consider making the Army a career.

"Study and learn your profession," Preston told the Soldiers. "Be a good Soldier and be an expert in your profession. I want you to be proud of your decision to be a Soldier. Now I want you to aspire to be an NCO."

Preston became the 13th Sergeant Major of the Army in 2004. He has held a variety of leadership positions throughout his 34-year career ranging from cavalry scout to command sergeant major.

Steven.Parrish2@us.army.mil

## King replaces Newsome as DSS commandant

Continued from Page 1

Sergeant School.

"(Americans) have freely given us their sons and daughters," King said. "They trust us to train them and keep them safe. I will not disappoint them or betray this trust."

She also had a message for Drill Sergeant School instructors.

"To the drill sergeants in formation behind me: I will bring 110 percent to this job — and I expect the same of you."

King replaces Command Sgt. Maj. Gary Newsome, who is retiring from the Army after serving 30 years.

"I am very humbled to have served as the Drill Sergeant School commandant," Newsome said. "I've enjoyed every minute of it."

Command Sgt. Maj. Brian Stall, the post command sergeant major for Fort Jackson, said running the Drill Sergeant School is a tough job, one in which Newsome excelled.

Stall said that he expects King to continue Newsome's tradition of excellence as commandant of the school.

Stall noted the media attention that King attracted as the first female commandant of the school, but said the attention should now focus on her ability.

King was chosen for the job for one reason and one reason only, Stall said.

"She is simply the right person for the job," he said.

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Photo by STEVE REEVES

**Command Sgt. Maj. Teresa King assumes command of the Drill Sergeant School during a ceremony at Post Headquarters Tuesday. King replaces Command Sgt. Maj. Gary Newsome, who is retiring from the Army.**



# Fort Jackson launches season of giving

By **STEVE REEVES**  
*Fort Jackson Leader*

Many members of the Fort Jackson military and civilian workforce have stepped forward to support the post's Combined Federal Campaign, which officially got under way Sept. 16.

The campaign, which is part of the Midlands Combined Federal Campaign, has already raised more than \$120,000.

Money pledged to the CFC goes to non-profit organizations located in the Midlands, as well as national and international organizations.

People donating to the CFC can choose from among 90 charities located in the Midlands and more than 2,000 national and international charities. Fort Jackson's CFC also funds three Family and Morale, Welfare and Recreation programs.

Brig. Gen. Bradley May, Fort Jackson's commanding general, encouraged people to seek out a non-profit organization to support.

"I'm sure there is one out there that touches one's heart and one's way of life," May said during his remarks at the official CFC launch at the Fort Jackson Officers' Club. "Giving to those less fortunate, that definitely exemplifies the American spirit."

Representatives from 21 charities were at the event to explain how the funds raised benefit them.

Rose Walker, a retired colonel and former commander of the Soldier Support Institute, now volunteers with Palmetto Animals Assisted Life Services, which was the featured organization at the CFC event.

Walker helps train dogs that assist military personnel, law enforcement officers and firefighters who have been injured. Money for the dogs is provided by PAALS' "Rob's Best Friend Fund."

Walker said groups, such as PAALS need not only funds



Photo by STEVE REEVES

**Jennifer Rogers, executive director of Palmetto Animal Assisted Life Services, and Charlie, a black lab, demonstrate how a service animal can help the disabled with tasks, such as fetching keys and other household duties. PAALS was the featured charity organization at the Combined Federal Campaign Kickoff event at Fort Jackson on Sept. 16 at the Officers' Club.**

but volunteers who are willing to help out.

"It's not just money," she said. "Whether it's time or money, it's appreciated."

Midlands CFC raised almost \$1.5 million in 2008 and this year's goal is \$1.6 million. CFC officials would like to see contributions get back to the level raised in 2007, which was \$1.7 million.

Jim Antill, Columbia's postmaster and the CFC civilian

co-chairman, said the current state of the economy means the Midland CFC's fundraising goal will be a challenge to accomplish.

But he said the goal is attainable, especially with the help of the Fort Jackson community.

"The giving that comes from this facility, it absolutely amazes me," Antill said.

*Steven.Parrish2@us.army.mil*

## New commander takes charge of 81st RSC Wildcats

By **SGT. 1ST CLASS MARK BELL**  
*81st Regional Support Command*

Wildcats of the 81st Regional Support Command have a new commanding general after a change of command ceremony Sept. 20.

Maj. Gen. Bill Gerety took over the Army Reserve's regional command that provides base operations support for a nine-state region, commands three Army bands and a headquarters dominated by civilians ranging from lawyers, engineers, human resources and logistical specialists.

Gerety accepted the 81st Infantry Division colors from Maj. Gen. Charles Gorton, who will retire to his home in Lexington, Ky., after more than 39 years of service.

Gorton, a 1970 University of Kentucky graduate, said he finally completed his childhood dream.

"I always wanted to be a Soldier," he said. "That's all I ever wanted to be since high school."

As the Salute Battery from Company B, 4th Battalion, 10th Infantry Regiment, pulled the artillery lanyards, the sounds of a new era echoed through the Army Reserve as the 81st RSC forges forward as the first of four RSC providing the foundation



Photo by MARK SCHULZ, 81st RSC

**Maj. Gen. Bill Gerety, commander of the 81st Regional Support Command Sunday, addresses Soldiers during the change of command ceremony.**

to support Army operations in the southeastern U.S.

Gerety, who is Special Forces and Ranger qualified, arrived to the Wildcat lair from the Pentagon where he served as the chief integration officer for the Office of the Chief Information Officer.

Gerety told members of the community and the command that people always ask him, "Why do you serve?"

Until the early morning hours the day before, Gerety said he never really had the right answer.

During a mission to honor three fallen

Special Forces Soldiers who arrived at Dover (Del.) Air Force Base, Gerety said family members of the 7th Special Forces Group Soldiers gave clarity to his career and reasons for joining the military nearly three decades ago.

"The message that kept coming through from these wonderful, wonderful people was the pride that they had in their husbands and their children, and how those Soldiers felt that it was their privilege and right to serve," he said.

Gerety said Americans are so blessed to live in a country where people are allowed to serve in the military, not because they are members of an elite group or they come from the right family.

"It's our right," he said. "More importantly, it's our privilege."

He said Soldiers and civilians of the 81st RSC have volunteered to serve the Army and volunteered to serve in the Reserve.

"I am so appreciative to carry on the Wildcat tradition," he told Gorton.

Gerety was commissioned in 1980 from the U.S. Military Academy at West Point, N.Y., and received both a master's of science and business administration from Florida Institute of Technology.



# Soldiers celebrate end of Ramadan

By **SUSANNE KAPPLER**

*Fort Jackson Leader*

About 100 Muslim Soldiers gathered at the Joe E. Mann Center Sunday to celebrate Eid-Al-Fitr, which marks the end of Ramadan.

“It’s a great honor and privilege to do this,” said Chaplain (Lt. Col.) Abdul-Rasheed Muhammad, U.S. Army Chaplain Center and School, who presided over the ceremonial part of the celebration. “We want (the Soldiers) to be empowered through the spiritual foundation that Islam provides. Eid-Al-Fitr is a culmination of the fasting during the month of Ramadan. As a result of that, we do the celebration traditionally for three days, but the biggest (part) is this particular day.”

The celebration began with a worship service consisting of prayers and a sermon.

“Typically, (Muslims) come to a mosque or a place of worship,” Muhammad explained. “It’s not unusual for Muslims from various communities to come together, because during the Eid you want to have as many people together as possible. It’s not — in other words — good for neighboring communities to have their own little Eids. They should come together in local mosques and have a central location for all the people to come together.”

After the completion of the service, worshippers greeted each other with “Eid mubarak,” which means “blessed Eid,” and congratulated each other on the completion of Ramadan. The formal part of the celebration was followed by a feast to mark the end of the fasting period.

“On Eid, you don’t fast,” Muhammad explained. “It’s the only day during the year that it is prohibited to fast. ... You have to be in the spirit of socializing.”

Muslim Soldiers have had the opportunity in previous years to celebrate Eid, but this year’s celebration has been the biggest so far on Fort Jackson, Muhammad said.

“This is the first time — on this large scale — that we’ve had this many Soldiers and units participate at this level,” he said.

Many of the Soldiers who attended originate from Mid-



*Photo by SUSANNE KAPPLER*

**Muslim Soldiers bow down in prayer during the celebration of Eid-Al-Fitr Sunday at the Joe E. Mann Center. Eid-Al-Fitr marks the end of Ramadan, the holy month for Muslims worldwide.**

dle Eastern countries and are training to become interpreters for the Army.

“When I came here, I was scared that we couldn’t do our Muslim practice, but in basic training they told us we are allowed to fast during Ramadan,” said one Soldier who chose not to be identified. “Yesterday, when I was training, (the drill sergeants) told me I was allowed to (participate) here, because I’m Muslim. ... I found there is a lot of freedom to practice my Eid here, especially in the Army. It’s too easy. They make it too easy for me.”

Also present were service members from other nations

who are in training at Fort Jackson. Lt. Col. Tauqir Ahmed, who is serving in the Pakistani air force, has been on post since the beginning of Ramadan to attend classes at the Soldier Support Institute. Ahmed said he was grateful for the opportunity to practice his faith during his visit.

“(I am) highly impressed by the (leadership) and the chapel here looking after the Muslims. I was expecting a lot of difficulties and problems, but I don’t face any,” he said. “I’ve written back to my family back home in Pakistan that I’m very comfortable and very happy.”

*Susanne.Kappler1@us.army.mil*

## Aye-aye, chaplains!



*Photo by DELAWESE FULTON*

Navy chaplain (Capt.) Michael Langston, commanding officer of the Naval Chaplaincy School and Center, welcomes the first Naval Basic Chaplain Course students to be taught at Fort Jackson since the school relocated from Naval Station Newport, R.I. Tuesday’s course overview session took place at the Naval Operation Support Center and was attended by 26 students.

## Outstanding NCOs



*Photo by STEVE REEVES*

Sgt. 1st Class Damon Brown, left, and Staff Sgt. Jeffrey Johnson, both with the Drill Sergeant School, were inducted into the Fort Jackson chapter of the Sergeant Audie Murphy Club during a ceremony Sept. 16 at the Soldier Support Institute. The club, named after the most decorated Soldier of World War II, was founded to recognize noncommissioned officers for outstanding leadership.



# Congregation moves to 'next' home

By **SUSANNE KAPPLER**  
Fort Jackson Leader

After three years of worshipping at the U.S. Army Chaplain Center and School, Chapel Next has found a new home at Bayonet Chapel. The contemporary Christian congregation celebrated its first service there Sunday in front of a packed house.

When Chapel Next contemplated moving, Chaplain (Lt. Col.) Bart Physioc, 193rd Infantry Brigade chaplain, offered his brigade's chapel as a new place of worship.

Physioc has been involved with Chapel Next for four months and has also been working on converting Bayonet Chapel into a place of fellowship.

He created a bistro that is open the fourth Thursday of each month and is slowly converting the outdoor space into an area with the ambience of a European-style cafe.

"It's like going to a restaurant," Physioc said. "Sometimes it's not just the food they're serving, it's the atmosphere."

Physioc said the atmosphere of fellowship he hopes to create at Bayonet Chapel matches the style of worship at Chapel Next.

"We want to engage with people who are coming — that they would be participants, not spectators," he said. "When we worship, it's collective. It's an informal and yet respectful manner."

Chapel Next is open to everyone.

"I think it's really, really wonderful to have such a mixed group. We have permanent party (Soldiers); we have civilians who work on post; we have Soldiers who are in training. It's a whole lot of different people," Physioc said. "It has been said, 'Birds of a feather flock together.' I want this to be a lot of different birds flocking together, not because we're all just like one another, but because we have a common center of gravity."



Photo by **SUSANNE KAPPLER**

**Members of the Chapel Next congregation worship at Bayonet Chapel Sunday. For the last three years, the Chapel Next services were held at the U.S. Army Chaplain Center and School.**

Physioc shares preaching duties with four other chaplains who rotate each Sunday.

Second Lt. Kevin Meyers, who attends the Chaplain Basic Course at USACHCS, was a first-time attendee of Chapel Next, but said he is considering coming back regularly while on Fort Jackson.

"Before I heard the message, with the worship and the

atmosphere I already felt like this is home," Meyers said.

Another USACHCS student, 2nd Lt. Randy Barlow, agreed.

"When I walked in, I noticed that people — even though nothing had started yet — people seemed happy to be here," he said.

*Susanne.Kappler1@us.army.mil*

## Housing Happenings

### HOUSING SERVICES OFFICE

☐ All military personnel are required to process through the Housing Services Office when they arrive at and depart Fort Jackson. The HSO assists service members and civilians with all relocation needs. The HSO also allows property owners to list property for sale or rent. For more information, call 751-7566/5331.

### COMMUNITY UPDATES

☐ LifeWork events are free and open to all residents. To register, or for more information, e-mail [cowilliams@bbcgrp.com](mailto:cowilliams@bbcgrp.com) or call 738-8275. Join the LifeWorks e-mail list

and stay informed. Stop by the management office and pick up a calendar of events. Visit [www.ft-jacksonfamilyhousing.com](http://www.ft-jacksonfamilyhousing.com).

☐ Balfour Beatty Communities is now leasing to single Soldiers E6 and above.

There is a limited number of apartments available on Thomas Court for single Soldiers.

Call 738-8275 for details.

☐ Soldiers and family members should be aware of construction vehicles coming in and out of the housing areas. Keep safety in mind when near the construction sites in the housing area at all times. Construction is also going on at the Youth Services Center on Chesnut Road.

### DEVELOPMENT UPDATES

☐ JNCO/Community Center

— Retaining walls are installed.

— The Community Center is in the later stages of siding installation and painting preparations. — Two townhome buildings and one UFAS home are in the late stages of siding installation and various stages of painting.

— Seven JNCO buildings are in the early to late stages of framing.

— Plumbing and infrastructure is ongoing for the remaining buildings.

☐ Senior NCO

— Demolition is complete. Debris cleanup and site work are ongoing.

☐ Company grade officer

— All buildings of Phase 1 are in various stages of roofing, siding installation and painting. — Curbing is installed and the first layer of asphalt is poured.

☐ Field grade officer

— Grading, site work and land preparation continues.

☐ Senior officer

— Siding, windows, roofing and duct work are in various stages. — Exterior painting and trim continues. — Drywall installation is complete on five units. — Sidewalk installation is ongoing.



# School board candidates announced

Fort Jackson Schools

The Fort Jackson School Board has five open positions. Elections are scheduled from 8 a.m. to 3 p.m., Friday at Pierce Terrace and C.C. Pinckney Elementary Schools.

The candidates’ names, along with their responses to the statement, “Why I want to be on the Fort Jackson School Board,” were also sent home with students this week.

Only parents with a child enrolled in a Fort Jackson school are eligible to vote.

The 11 candidates are:  
Cliff Burgoyne, Tawanda Clark, Austin J. Davis Jr., Jewell Forand, Viviana Furman, Josh Harms, Holly King, Anke Lofton, Patricia Moore, Cassandra Newton and Angela Skoog.

## Welcome home



Photo by MIKE A. GLASCH

Fort Jackson Soldiers who recently returned from deployment were honored before graduation Friday at the Solomon Center. Pictured from left: Capt. Christopher Berry, Sgt. 1st Class Monica Ray, Staff Sgt. Ajao Fatai, Sgt. 1st Class Wesley Dodd, all from 193rd Infantry Brigade; Sgt. Richard Wexler, Sgt. 1st Class Rhonda Halchsihick, U.S. Garrison, Capt. Donna Kim, 165th Infantry Brigade.

## DOIM Signals

The Directorate of Information Management will change its name to “U.S. Army Signal Network Enterprise Center,” effective Oct. 1. The organization’s new abbreviation will be NEC.

The NEC will function as part of the Global Network Enterprise while remaining responsive to its customer needs.

The NEC will collaborate with senior leaders as the ex-

pert responsible for directing cyber and network operations.

Current information technology services will not change. Visual information services such as official photos, graphics and audio support will be transitioned to the Directorate of Plans, Training, Mobilization and Security on this date.

Future editions of “DOIM Signals” will be called “IT Signals.”

## CMS Corner

The Customer Management System at Fort Jackson is a three-tiered feedback system established to determine the satisfaction of those who work, train, live and play on the installation.

CMS includes the Interactive Customer Evaluation system, Community FIRST/AFAP and Customer Service Assessments.

This feedback enables the garrison to focus on specific actions aimed at improving customers’ experiences of post services.

A complete list of Community FIRST issues can be found at <http://www.jackson.army.mil/WellBeing/wellbeing.htm>.

New issues may be submitted on the site as well, by clicking on “Submit an Issue or Recommendation” or on the Community FIRST/AFAP Logo.

Whether it affects individuals and constituent groups at the installation level or throughout the Army, feedback is important.

“Let your voice be heard!”



# SRT: cream of the cops

## *MPs try out for Fort Jackson Special Reaction Team*

By **STEVE REEVES**  
Fort Jackson Leader

The day started with a physical fitness test at the break of dawn, which was followed up with a grueling run made no easier by all the equipment that needed to be carried.

And for the military policemen who were hoping to earn a spot on the 17th Military Police Detachment's Special Reaction Team, the day was only beginning.

Taking a brief break at the end of the first of two runs the SRT hopefuls — on this day all Soldiers — would endure that day, Sgt. Richard Hirneisen took a moment to answer a question about why he wanted to be on the Fort Jackson SRT team.

"It's just a drive I've always had," Hirneisen said. "I've always wanted to be on a team like this."

Hirneisen said the daylong tryout was a difficult test not only of physical stamina, with long runs and obstacle courses, but mental strength as well, with a session at the end of the day involving being peppered with questions from SRT members.

"The hardest part is trying to keep your mental focus, to work through the pain," he said.

Hirneisen was one of eight Fort Jackson MPs competing for two slots on the 15-man SRT during a tryout Sept. 14. Those selected go on to attend a two-week school that trains them in SRT tactics.

The SRT is made up of MPs and DoD law enforcement officers who train to respond to crisis situations. In addition to their regular law-enforcement duties, they have to be ready at a moment's notice to rescue a hostage or assist other officers in making a high-risk arrest, at any time, day or night.

The tryout, held whenever the team needs to replenish its membership, is a test of tactical and technical proficiency, as well as mental toughness.

"We're looking for people who won't quit," said Sgt. Michael Cavaliere, an SRT member who served as an evaluator during the Sept. 14 tryout. "We want somebody who's in pretty good shape, motivated and works well in a team."

After the early morning PT test, the Soldiers were required to run to the Fit to Win course on Golden Arrow Road. There, they negotiated obstacles such as balance beams and culverts, all at top speed with SRT members shouting encouragement.



Photos by STEVE REEVES

**Sgt. Matthew Vitug, above, and Sgt. Clifton Riggins, both with the 17th Military Police Detachment, negotiate the Fit to Win course during a tryout for the Special Reaction Team Sept. 14. The Soldiers engaged in a variety of demanding tasks during the daylong tryout, including a PT test, rappelling, clearing a room, marksmanship and answering questions before a board. Eight Soldiers were competing for two SRT positions. SRT members are required to respond to crisis situations at a moment's notice any time, day or night.**

Then it was off for another run to Range 6, where they were tested on their marksmanship skills with the M-9 and M-4. Later in the day, they tackled Victory Tower for rappelling and then demonstrated their skills in clearing a house and searching for a suspect.

At the end of the day, each SRT candidate was graded on how he performed on the physical aspect of the tryout, as well as marksmanship and tactical skills.

Last was an appearance before a board composed of SRT members who asked them questions meant to test their knowledge of tactics and reveal their attitude toward teamwork.

Sgt. Jeffrey Denton, an MP who went through the tryout, said it is the high standards of the SRT that enticed him to try out.

"I always try to achieve the best," Denton said. "When you're SRT, you're looked

at a little bit different."

All of the tasks are designed to reveal a candidate's motivation, as well as his or her ability to perform under stress and make potentially life-or-death, split-second decisions.

"You've got to be able to think, shoot and work as a team," said Officer Lionel Brown, a DA police officer and SRT member. "In short, we want the best of the best."

*Steven.Parrish2@us.army.mil*





# Hernandez: ‘Take initiative’

**Rank, name**  
Sgt. Basilio Hernandez

**Unit**  
Company F,  
3rd Battalion, 13th Infantry Regiment

**Military Occupational Specialty / Job title**  
21E, heavy construction equipment operator / drill sergeant

**Years in service**  
10 (two years as a Reservist)

**Family**  
Married

**Highest education**  
Associate degree



Photo by CRYSTAL LEWIS BROWN

**Sgt. Basilio Hernandez, Company F, 3rd Battalion, 13th Infantry Regiment, observes a Soldier clearing his weapon.**

## NCO spotlight

Mo.; Camp Casey, Korea; Fort Carson, Colo.; and Fort Hood, Texas.

Hernandez said his squad leaders have influenced him most in his military career, and those experiences still influence him now as a drill sergeant.

“Whenever I had any issues, I’d talk to my squad leaders and whatever had to happen, they made it happen. As a young Soldier, it showed me how to take care of Soldiers.”

One of Hernandez’ goals is to gradu-

ate from BNCOC, which he is currently attending. He is also preparing to finish his stint on the trail in December and PCS to Alabama with his wife.

Upon retirement, he plans to pursue a second career in law enforcement.

His advice for junior enlisted Soldiers: “Never stop seeking self improvement. Take initiative.”

Seeking self improvement, he said, will “help them excel in their chosen careers, whether or not they stay in the military, and help them become better people.”

We salute you!

## The NCO Creed

No one is more professional than I. I am a non-commissioned officer, a leader of Soldiers. As a noncommissioned officer, I realize that I am a member of a time-honored corps, which is known as “the backbone of the Army.”

I am proud of the Corps of Noncommissioned Officers and will at all times conduct myself so as to bring credit upon the corps, the military service and my country regardless of the situation in which I find myself.

I will not use my grade or position to attain pleasure, profit, or personal safety.

Competence is my watchword. My two basic responsibilities will always be uppermost in my mind — accomplishment of my mission and the welfare of my Soldiers.

I will strive to remain technically and tactically proficient.

I am aware of my role as a noncommissioned officer. I will fulfill my responsibilities inherent in that role. All Soldiers are entitled to outstanding leadership; I will provide that leadership. I know my Soldiers and I will always place their needs above my own.

I will communicate consistently with my Soldiers and never leave them uninformed. I will be fair and impartial when recommending both rewards and punishment.

Officers of my unit will have maximum time to accomplish their duties; they will not have to accomplish mine. I will earn their respect and confidence as well as that of my Soldiers.

I will be loyal to those with whom I serve; seniors, peers, and subordinates alike. I will exercise initiative by taking appropriate action in the absence of orders.

I will not compromise my integrity, nor my moral courage. I will not forget, nor will I allow my comrades to forget that we are professionals, noncommissioned officers, leaders!



# Out of sight, out of mind? Not for mom

Earlier this month, my husband and I went on a cruise. It was four days of baby-free fun and sun, with a little stop in Mexico. We had nothing to do but eat, sleep and be responsibility free for four whole days.

Not surprisingly, I accomplished that with no problem. What was surprising, however, was that I actually missed not having the opportunity to take care of my son.

When I was pregnant, I'd listen as friends recounted sad tales of leaving their babies overnight for the first time. I wouldn't even try to hide my eyes rolling as they got teary eyed talking about how difficult it was to leave the little one. More than one of them waited until the child was a toddler before allowing overnight visits alone, even with grandparents.

"That will never be me," I'd always say. My friends would simply smirk and give each other knowing looks, as if to indicate that I had a lot to learn.

There was no reason to think that I'd have trouble going four days without holding my baby boy. He'd already spent two nights at grandma's while the hubby and I stayed at a downtown Atlanta hotel for a class reunion weekend. And just a couple of weeks ago, he spent the night with a friend who volunteered to babysit while we attended a comedy show.

## CRYSTAL CLEAR

By **CRYSTAL LEWIS BROWN**  
*Fort Jackson Leader*



So what made this time different?

I wasn't worried that my mom would not be able to care for him. Besides the more than 30 years of experience she had with my brothers, sister and me, I'd left her a detailed list of the baby's meal times, snacks and usual nap times.

I was also sure to point out which toys he liked best, plucked two pillows from the bed for her to place around him when he played on the floor (to protect him from her hardwood floors in case he fell over) and placed all of his outfits in neat stacks (play clothes, church clothes, pajamas, extras for the diaper bag) to ensure that he had enough coordinated outfits to last him the entire trip.

The day of the cruise, we kissed the baby goodbye and made our way onboard to partake in the first of sev-

eral buffets. But it wasn't long before the baby crept into my mind. At dinner, a baby let out a piercing scream similar to my own child's playful yelp. While unpacking the backpack for our shore excursion, my husband came across one of the baby's socks. Later, we saw a baby wearing the exact swim outfit we have for our son.

While I didn't miss changing diapers or fighting with him as I tried to put pureed carrots in his mouth, I missed kissing his chubby cheeks before putting him to bed each night.

While I enjoyed not having to schedule a sitter weeks in advance so we could go to the late-night show, I missed hearing his hearty laugh.

And though I relished the chance to stay in bed as late as I wanted, I missed seeing his broad grin first thing in the morning when I wakened him with a kiss.

Did I enjoy my vacation? Of course. The time I was able to spend with my husband was invaluable and necessary. But I would be lying if I didn't say that my heart quickened in anticipation as I stood in the customs line, knowing I was only moments away from seeing my boy.

On television, when people go on vacation, they bring back souvenirs for their friends and loved ones. But this time, for me, the best souvenir was the one I got from my son when I opened the car door after departing the ship — his smile.



### What's the Difference?

There are four things different between Picture A and Picture B. Can you find them all?

A



B



Answers: 1. missing broccoli 2. missing apple stem 3. milk is now chocolate milk 4. boy is bald

### Crossword Puzzle

1		2				
4						
				5		
6						

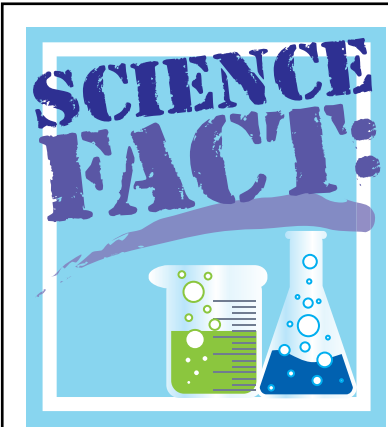
#### ACROSS

- 1. Magnificent
- 4. One who has fun
- 5. Enjoyment
- 6. Evening meal

#### DOWN

- 1. Above average
- 2. Break off
- 3. Father or mother
- 5. Amount to pay

Answers:  
Across  
1. grand 4. enjoyer 5. fun 6. dinner  
Down  
1. great 2. adjourn 3. parent 5. fee



TRUE OR FALSE?  
SUNSCREENS ARE MADE FROM  
A VARIETY OF NATURAL AND SYNTHETIC  
MATERIALS BECAUSE NO ONE  
INGREDIENT CAN BLOCK THE SUN.

ANSWER: TRUE



# Mom, son complete BCT family tree

By **DELAWESE FULTON**  
*Fort Jackson Leader*

Two Soldiers from Florida have made Basic Combat Training at Fort Jackson a family affair.

Pvt. Carmen Egipciaco, 40, of Company F, 1st Battalion, 13th Infantry Regiment and her son Pvt. David Rodriguez, 17, of Company C, 2nd Battalion, 60th Infantry Regiment are the latest of six family members to enlist in the Army National Guard within the past year.

Egipciaco's other relatives include her husband Yamil Egipciaco, her stepdaughter Melissa Egipciaco, her niece Kimberly Egipciaco, and her son, and David's twin, Jonathan Rodriguez who is set to begin BCT within a few months. Her husband, Yamil Egipciaco, graduated BCT in July, she said.

Joining the Army was a way for the Kissimmee, Fla., residents to give back to their country and gain some new opportunities, Carmen Egipciaco said.

It started with daughter Melissa Egipciaco's wanting to join the military.

"As we (the family) learned about the college and other benefits, we, too, decided to (join the military). We're all in the Army National Guard," Egipciaco said.

Egipciaco's and her son's unit leaders say that this is the first time they have had an instance where a mother and child were going through basic training about the same time.

Sure, they have had brothers and sisters, twins and husbands-and-wives go through BCT together, but this is unique, said 1st



*Photo by DELAWESE FULTON*

**Pvt. Carmen Egipciaco, Company F, 1st, Battalion, 13th Infantry Regiment, and her son Pvt. David Rodriguez, Company C, 2nd Battalion, 60th Infantry Regiment, exchange identification tags as a symbol of their bond and their support of each other during Basic Combat Training.**

Sgt. Robert Hoskins of Company C, 2-60th.

"It was different, and it was a good experience," said 1st Lt. Noel Machado-Matos, executive officer for Company F, 1-13th.

Though Egipciaco and her son David are new Soldiers and their activities are limited, the uniqueness of the situation made a few allowances necessary. Machado-Matos said Egipciaco was allowed to attend her son's graduation Sept. 18.

Egipciaco and Rodriguez were interviewed a few days prior to Rodriguez' graduation. Sitting in a meeting area of the 2-60th, the mother and son shared how the experience has affected them.

The two recalled the first time they caught a glimpse of each other at a Sunday Mass several weeks earlier.

"When I saw her, I was shocked," Rodriguez said. "I was like — that's my mom!"

Egipciaco and Rodriguez said they made sure that they walked out the same door together, so they could have a quick moment to catch up.

The two also exchanged their identification tags.

"It's like having a part of her with me," Rodriguez said.

Knowing that his mother was just a few units away was somewhat comforting for Rodriguez.

"It makes me feel better — I have my mom here. It (was) really cool," he said.

Following graduation from BCT, David started Advanced Individual Training for training as a human resources specialist. He said when he completes AIT, he will return home to Florida, look for a job and apply to college.

His mother is set to graduate in November. Before enlisting in the National Guard, Egipciaco was an account specialist for a city in central Florida, she said. She looks forward to returning to work following her training.

She said joining the military has been a positive experience for her and her family.

"It has helped (my children) to mature."

Though a drill sergeant gave Egipciaco the nickname, "Grandma," there is nothing slow about her. She said she was in good shape prior to becoming a Soldier. Back home, she ran and did other cardio exercises daily. So, the physical tasks and endurance exercises of basic training were not a difficult adjustment for her, she said.

"It's not as bad as I thought it was going to be," Egipciaco said.

*Delawese.Fulton@us.army.mil*





# Army Community Service

## October calendar of events

*Thursday, Oct. 1*

**AER commander's referral training:** 9-10:30 a.m., Education Center, Room B303

*Monday, Oct. 5*

**Play group** 10-11:45 a.m., 5614 Hood St., Room 8 (every Monday and Wednesday)

*Tuesday, Oct. 6*

**La Leche/breastfeeding support group:** 10-11:45 a.m., 5614 Hood St., Room 8

*Wednesday, Oct. 7*

**Employment readiness program orientation:** 8:30 a.m. to noon, Strom Thurmond Building, Room 222

**Newcomers' orientation/re-entry brief:** 9-11:30 a.m., Post Conference Room

**Child abuse awareness class:** noon to 2 p.m., Main Post Chapel

**Resume writing for beginners:** 1:30-3:30 p.m., Strom Thurmond Building, Room 222

**Phase II LEVY briefing:** 2:30-3:30 p.m., Strom Thurmond Building, Room 213

*Thursday, Oct. 8*

**Financial planning for success:** 9-11 a.m., Education Center, Room B302

**Deployment, children and youth training:** 9-11:30 a.m., FRG Building

**Reunion/reintegration training:** 1:30-2:30 p.m., FRG Building

*Tuesday, Oct. 13*

**Baby basics:** 10 a.m. to noon, Joe E. Mann Center, conference room

*Wednesday, Oct. 14*

**Money matters:** 9-11 a.m., Education Center

*Thursday, Oct. 15*

**Financial/relocation initial PCS class:** 9-10:30 a.m., Education Center, Room B302

**Positive parenting 101:** 2-4 p.m., Joe E. Mann Center, conference room

**EFMP bowling:** 3:30-5:30 p.m., Century Lanes Bowling Center

*Friday, Oct. 16*

**Explore the world of cosmetology:** 9 a.m. to noon, 700 Gervais St., Suite D

*Saturday, Oct. 17*

**6th annual domestic violence awareness rally:** 8:30-11:30 a.m., Solomon Center

*Tuesday, Oct. 20*

**Starting and running a small business:** 9-11:30 a.m., Education Center

**Military spouse noncompetitive hiring authority seminar:** 11 a.m. to noon, Strom Thurmond Building, Room 222

*Wednesday, Oct. 21*

**Financial readiness for first termers:** 8:30 a.m. to 4:30 p.m., Education Center, Room B302

**Information Exchange Council meeting:** 9 a.m., Post Conference Room

**Dress for success:** 9:30-10:30 a.m., Strom Thurmond Building, Room 222

**Fourth quarter Helping Hands award:** 10 a.m., Post Conference Room

**Child abuse awareness class:** noon to 2 p.m., Main Post Chapel

*Thursday, Oct. 22*

**Own your home seminar:** 9-11 a.m., Education Center

**Pre-deployment Battlemind training (spouses):** 10-11 a.m., FRG Building

**Steps to federal employment:** 12::30-3:30 p.m., Strom Thurmond Building, Room 222

**Post-deployment Battlemind training (spouses):** 1-2:30 p.m., FRG Building

**Hearts apart:** 6-7:30 p.m., Main Post Chapel

*Friday, Oct. 23*

**Steps to federal employment:** 9 a.m. to noon, Strom Thurmond Building, Room 222

**Managing emotions under pressure:** 10:30 a.m. to 4 p.m., 5615 Hood St., Room 10

*Tuesday, Oct. 27*

**Military spouse noncompetitive hiring authority seminar:** 11 a.m. to noon, Strom Thurmond Building, Room 222

*Wednesday, Oct. 28*

**Employment readiness program orientation:** 8:30 a.m. to noon, Strom Thurmond Building, Room 222

**Resume writing for beginners:** 1:30-3:30 p.m., Strom Thurmond Building, Room 222

**Phase II LEVY briefing:** 2:30-3:30 p.m., Strom Thurmond Building, Room 213

*Thursday, Oct. 29*

**Steps to federal employment:** 12::30-3:30 p.m., Strom Thurmond Building, Room 222

**Autism support group — ABA therapy:** 5 p.m., 5614 Hood St., Room 8



For more information or to register for classes, call 751-5256 or 751-6325.  
This information is published the last week of each month in *The Fort Jackson Leader*.



Calendar

**Friday**  
**A.T. E.A.S.E. program**  
“A very merry un-birthday celebration”  
6-8 p.m., Main Post Chapel  
Take a new or used book to exchange.  
Child care is provided with advance registration. For information, Call 708-2869/0656 or e-mail *at\_ease\_jackson@yahoo.com*.

**Sunday**  
**Hispanic Heritage Christian Concert**  
10 a.m. to noon, Solomon Center  
Special performance by Tony Vega and Vidaqstica.

**Saturday, Oct. 3**  
**Fire safety day**  
11 a.m. to 2 p.m., Fire Department  
Tour the new fire station. There will be music, food and more.

**Tuesday, Oct. 6**  
**Hispanic Heritage Observance**  
11:30 to 1 p.m., Solomon Center  
Tickets will be sold by unit Equal Opportunity Advisers.

**Job Fair**  
9 a.m. to noon, Officers’ Club

**Saturday, Oct. 17**  
**Domestic Violence Awareness Rally**  
8:30 -11:30 a.m., Solomon Center  
Guest speakers: Henry McMaster, S.C. state attorney general and Lorie Boddie, S.C. Coalition Against Domestic Violence and Sexual Assault

Announcements

**THRIFT SHOP POSITION**  
The Fort Jackson Thrift Shop is hiring a manager, bookkeeper and cashier. To apply, contact the Thrift Shop at 787-2153. The Thrift Shop is open Monday, Tuesday and Wednesday, 9:30 a.m. to 3:30 p.m.

**AFRICAN AMERICAN HISTORY**  
An initial planning meeting for the 2010 African American History Celebration is scheduled for 4:30 p.m., Wednesday and 11:30 a.m., Oct. 2 at 9477 Morgan Loop Road (next to Bayonet Chapel). The committee is looking for poets, thespians, creative artists, writers, musicians, vocalists and comedians. Volunteers are also needed for various support positions. For information, call 312-4315 or 338-3170 or e-mail *Chetoria.Jackson@us.army.mil* or *Wyman.Loveless@us.army.mil*.

**TRAFFIC TESTING**  
The Directorate of Emergency Services will conduct testing of new access procedures for Gate 4 (Boyden Arbor/Percival Road), Oct. 8-9 and Oct.

15-16. On these dates, Gate 4 will be used only for one-way traffic onto the installation from 6:45-9:15 a.m. Commuters will be unable to exit Gate 4 during those times.

**AUSA GOLF TOURNAMENT**  
The Fort Jackson-Palmetto State Chapter of the Association of the U.S. Army has scheduled its annual J. Willis Cantey Memorial Golf Tournament for Wednesday at the Fort Jackson Golf Course. The tournament is open to everyone. Registration begins at 11 a.m. Shotgun start at noon. To register or for information, contact *C3601@ausa.org* or *SbButler@bellsouth.net*.

**WEST POINT BRIEFING**  
Soldiers interested in attending West Point are invited to attend a Soldier admissions information briefing at 3 p.m., Sept. 27. The tentative location is the Solomon Center. Eligible Soldiers can be no older than 23 by July 1 of the year they enter West Point, must have completed Basic Combat Training, be a U.S. citizen prior to arriving at West Point, be unmarried with no dependents and have a high school diploma or GED.

**AMERICAN LEGION GOLF**  
The American Legion Auxiliary has scheduled its inaugural Golf Tournament for noon, Oct. 23 at the Fort Jackson Golf Club. For more information, call 799-6695, (843) 281-8513 or e-mail *Timbet1@aol.com*.

**NAVY BIRTHDAY BALL**  
The U.S. Navy Expeditionary Combat Readiness Center Detachment at Fort Jackson has scheduled a Navy Birthday Ball, 6 p.m., Oct. 3, at the Marriott Columbia. Attire for military members is service dress blue (dinner dress is optional). Attire for civilians is coat and tie (black tie is optional). Call 719-3338 for tickets or information.

**NATIONAL GUARD EXPO**  
The S.C. National Guard Air & Ground Expo is scheduled for Oct. 10-11 at McEntire Joint National Guard Base. Events include the Army’s Golden Knights, flyovers, military displays, combined arms demonstrations and more. Visit *http://scguardnow.net*.

**S.C. PARKS WAIVE FEES**  
The Francis Marion and Sumter National Forests will waive all day-use fees charged at recreation sites and trail Saturday in celebration of National Public Lands Day. For information about recreational opportunities at the park, visit *http://www.fs.fed.us/r8/fms*.

**EVENING GRADUATION**  
The 3rd Battalion, 13th Infantry Brigade graduation is scheduled for 5 p.m., Oct. 15 at Hilton Field.

Housing events

**Today**  
**Breakfast on the go**  
Chick-fil-A on Decker Boulevard will be providing free breakfast for families on their way to school.

**Friday**  
**Friday night live**  
6 p.m.  
Teens only! This month’s theme is karaoke fun. Snacks provided.

**Monday**  
**Box tops for education**  
Collect box tops from a variety of products all month and drop them off to earn 10 cents per top for local schools.

**Every Tuesday**  
**Walking club**  
9 a.m.  
Strollers are welcomed.

**Every Wednesday (New)**  
**Salsa dancing**  
6 p.m.  
Come by to learn how to salsa dance.

**Every Thursday**  
**Kids’ day**  
10 a.m.

*All events are held in the Balfour Beatty Communities management office unless otherwise specified. For more information, call 738-8275.*

Sports shorts

❑ Letters of intent for fall tennis are due Monday. Letters should include tennis experience in years. The fall tennis season is scheduled for Oct. 5-23.

❑ A triathlon/biathlon is scheduled for Oct. 24. If interested, submit your name to the sports office by Oct. 14.

LEADER INFORMATION

❑ Article submissions are due two weeks before the scheduled publication. For example, an article for the Oct. 8 *Leader* must be submitted by today.

❑ Announcements are due one week before the scheduled publication. For example, an announcement for the Oct. 8 *Leader* must be submitted by Oct. 1. Send all submissions to *FJLeader@conus.army.mil*.

❑ Follow us on Twitter at *www.Twitter.com/ FortJacksonPAO* or become a *Leader* “fan” at *www.Facebook.com* and search “Fort Jackson.”

❑ Call 751-7045 for information.

Pet of the Week



Photo by OITHIP PICKERT  
**A 1-year-old black, female cat is available for adoption. For information on pet adoption or other services, call the Veterinary Clinic at 751-7160.**

Off-post events

**GET RESUME READY**  
A Resume and Typing Clinic is scheduled from 2-4 p.m., Sept. 29 at the Richland County Main Library. The program is free and open to adults. Bring work history, including dates of employment and company contact information. Call 929-3457 to register.

**DEVINE QUILTERS**  
Works by the Devine Quilters, a group of about 70 Midlands women, will be on display in the Wachovia Gallery of the Richland County Public Library, 1431 Assembly St., through Oct. 6. The gallery is located on the garden level of the library’s main branch and is open 9 a.m. to 9 p.m., Monday through Thursday, 9 a.m. to 6 p.m., Friday through Saturday and 2 p.m. to 6 p.m., Sunday.

**NEWBERRY OPERA HOUSE**  
A concert featuring the 434th Army Band (Fort Gordon, Ga.) is scheduled for 3 p.m., Sunday, at the Newberry Opera House. The concert is free and open to the public, but tickets are necessary and can be obtained from the Opera House Box Office. Call (803) 276-6264 for information.

**MOPH MEETING**  
The Military Order of the Purple Heart is scheduled to meet Oct. 13 at American Legion Post 6, 200 Pickens St. Dinner begins at 6 p.m.; meeting starts at 7 p.m. RSVP by Oct. 9 by calling 351-2333.

**WOUNDED WARRIOR RUN**  
East Carolina University’s Army ROTC and the Brook Valley Country Club have scheduled their Annual Wounded Warrior Run, Nov. 14. The race is in support of the Soldiers in the Fort Bragg, N.C. Warrior Transition Battalion. Visit *www.woundedwarriorrun.com* for information.



# MACH announces seasonal flu vaccination schedule

*Special to the Leader*

From Oct. 5 until March, seasonal flu shots will be given at the Solomon Center on the following days and times:

- 8 a.m. to 2 p.m. — Monday and every other Saturday (beginning Oct. 10)
- 10 a.m. to 5 p.m. — Wednesday

The flu drive is for dependents, beneficiaries and retirees with valid military identification. All active duty Soldiers will be scheduled through their units.

Children between the ages of 6 months and 3 years will get their flu shot at the Pediatric clinic on a walk-in basis. The clinic is located in the Family Health Clinic on the ground floor of Moncrief Army Community Hospital. Times and dates will be announced later. For more information, call 751-2210.

On-post schools will also have a flu drive that will include vaccinations for teachers and parents. Parents must

be present to sign permission forms.

The schedule is as follows:  
Pierce Terrace — 7 to 9 a.m., Oct. 6 and 8  
C.C. Pinckney — 7 to 9 a.m., Oct. 13 and 15

MACH will not provide the vaccine for non-beneficiaries. Non-beneficiaries and DoD civilians should get their flu shots from their own primary care managers.

TRICARE-authorized beneficiaries who do not wish to wait for the Fort Jackson Flu Drive can use Minute or Concentra Clinics found in some pharmacies, but not regular pharmacies or stores. A list of these clinics can be found online at TRICARE.mil.

The two vaccines available are the FluMist nasal spray vaccine and the flu “shot,” which is given by needle.

There is no H1N1 vaccine available at this time.

If you have ever had a severe allergic reaction to the flu vaccine, speak with your primary care manager prior to receiving a vaccine.

If you have questions or would like more information on this year’s flu drive, call 751-2434.

# Backpacks can be a pain for children

**By MARCIE BIRK**  
*U.S. Army Center for Health Promotion and Preventive Medicine*

Backpacks are incredibly handy. For children, backpacks help to keep important school books and papers organized. Compared with messenger bags and purses, backpacks are better because the strongest muscles in the body — the back and abdominal muscles — support the weight of the pack. But a backpack that is too heavy or worn improperly can strain muscles and joints and cause back pain.

One common way that a backpack is worn improperly is by carrying it over one shoulder. This makes muscles of the middle back, ribs and lower back strain to compensate for the uneven weight. In the short term, this strain can cause muscle spasm and back pain. In the long term, this muscle imbalance can lead to back problems later in life.

Backpacks that are too heavy are also a common problem. Too much weight in a pack can pull the child backward. To compensate, the child may bend forward at the hips or arch the back, which can cause the spine to compress unnaturally. And a heavy load combined with tight narrow straps that dig into the shoulders can contribute to tingling, numbness, and weakness in the arms and hands.

Most doctors and physical therapists recommend that a loaded backpack weigh no more 10 to 15 percent of a child’s weight. For example, an 80-pound child should carry no more than 8 to 12 pounds. Use a bathroom scale to check the weight of the pack.

## BEST BACKPACK DESIGN FEATURES

- ☐ Lightweight material (canvas as opposed to leather);
- ☐ Two padded, adjustable shoulder straps at least 2 inches wide;
- ☐ Padded back, which not only increases comfort, but also protects from being poked by pencils, rulers, etc., inside the pack;

- ☐ Waist belt to help distribute the weight more evenly across the body; and
- ☐ Individualized compartments help distribute weight more evenly.

## PROPER PACKING AND WEARING

- ☐ Pack heaviest objects first so they are lower and closer to the body.
- ☐ Use compartments so items don’t shift during movement.
- ☐ Distribute the load evenly throughout the backpack.
- ☐ Use both shoulder straps.
- ☐ Adjust straps to fit the backpack snugly to the body, holding the bottom of the backpack 2 inches above the waist.
- ☐ Do not carry the backpack low near the buttocks.

## THINGS TO REMEMBER

- ☐ Ask children to clean out backpacks at least once a week.
- ☐ Watch to make sure the child isn’t leaning forward when walking with the backpack.
- ☐ Ask children if they have any back aches or pains.
- ☐ Watch to see if the child struggles to get the pack on or off.
- ☐ Encourage children to carry to and from school only those items needed.
- ☐ Consider buying a copy of the heaviest books to keep at home.

## FOR MORE INFORMATION:

Kids Health: [http://kidshealth.org/parent/firstaid\\_safe/travel/backpack.html](http://kidshealth.org/parent/firstaid_safe/travel/backpack.html)  
American Academy of Orthopaedic Surgeons: <http://orthoinfo.aaos.org/topic.cfm?topic=A00043>

## MACH updates

### FLU IMMUNIZATION PROGRAM

Preventive Medicine will conduct training on the DoD influenza immunization program today, 9-10 a.m. in the Moncrief Army Community Hospital staff conference room on the third floor. For more information, call 751-5035.

### CATARACT SCREENING

The Moncrief Army Community Hospital Ophthalmology Clinic will conduct quick cataract evaluations Oct. 21 for all beneficiary categories, including active-duty family members, retirees and retiree family members. A referral is not necessary to call for an appointment. To schedule an appointment, call 751-5406.

### APPOINTMENTS ANNOUNCED ON TWITTER

MACH is announcing same-day appointments for primary care on Twitter. These are appointments that were initiated by a patient but were canceled. The open appointment will become available to the first patient to request it. Sign up at [www.twitter.com/machcsd](http://www.twitter.com/machcsd).

### CANCELLATIONS

To cancel an appointment after duty hours, call 751-2904. During duty hours, from 7:30 a.m. to 4 p.m., call 751-CARE (2273).

### NUTRITION CLINIC CLASSES

- Cholesterol and high blood pressure, today and Sept. 24, 2-3 p.m., Room 8-85.
- Army Weigh to Stay, Monday, 1-3 p.m., Room 8-85.
- Army Move and sports nutrition classes are now offered online. Visit [www.us.army.mil](http://www.us.army.mil). Click on “My Medical” under “self service.” Scroll down to “Ultimate Warrior Community” and register for the Army Move or Hooah Buddies communities.

### NUTRITION CLINIC CLASSES

The Soldier Family Assistance Center and the Warrior Transition Unit buildings are now open. For more information on the services provided by the SFAC, call 751-1198.

## New BH chief



*Photo by NICHOLE RILEY, MACH*

**Marc Cooper, previously MACH’s chief of Community Mental Health services, is the hospital’s newest chief of the Department of Behavioral Health.**



# POV lot makes on-post car sales convenient

By **THERESA O'HAGAN**

*Family and Morale, Welfare and Recreation*

Selling your car in these hard economic times can be difficult. Where do you advertise? Where can you put your car where people can view it to avoid having them come to your office or home? What if you are looking for a car? Where can you go and see several cars?

Family and Morale, Welfare and Recreation can help.

The installation has a location where Fort Jackson Soldiers and family members can park a vehicle that they would like to sell. That place is the Privately Owned Vehicle Sales Lot. This lot was established to add to the quality of life for Fort Jackson Soldiers, their families, civilians, Reservists and National Guard (while on active duty).

The Community Recreation Division is the proponent for the POVSL. The POVSL lot is located on the west side of Marion Avenue just off Strom Thurmond Boulevard, in the lower portion of the parking area for the Strom Thurmond Building.

Whatever your reason — permanent change of station move, purchase of a new car, lifestyle change — selling a car at the POVSL is easy.

People looking for cars can see the vehicle at any time. You don't have to drive all over town meeting potential buyers. Strangers don't have to come to your house. Vehicle information displayed in the windshield of the vehicle allows a buyer quickly see cars that meet his or her criteria. Both parties have a safe, convenient location to meet.

To sell your vehicle, all you have to do is follow a few simple guidelines.

Owners are required to register their vehicle at the Solomon Center and acquire a registration card. The fee for the POVSL is \$10 for the first 30-day period and \$15 for



Photo by **THERESA O'HAGAN**, FMWR

**The POV Sales Lot offers members of the Fort Jackson community the opportunity to sell and buy cars without leaving post.**

the second consecutive period and \$30 for the third consecutive period.

Individual spaces are the size of one parking space or 7-by-16 feet. Patrons are charged the above rate per parking space for larger boats and recreational vehicles. At the end of the 90 days, the vehicle must be moved from the lot for a 30-day period.

All vehicles must meet the following standards to be parked on the lot: current registration, current license plate/tag, valid post decal and a Solomon Center POVSL registration card. All vehicles must have a commercial or computer generated "For Sale" sign displayed.

For more information, call the Solomon Center at 751-4168.

## FMWR calendar

### THURSDAY

- ❑ Visit Century Lanes for food, fun and bowling.
- ❑ Magraders Pub and Club is open for lunch.
- ❑ Visit the Officers' Club 11 a.m. to 1:30 p.m. for specials or the buffet.
- ❑ Altered Art class with The EDGE!, 3:30-5 p.m. at 5957-D Parker Lane. Open to children 9-15. For more information, call 751-3053.

### FRIDAY

- ❑ Artistic Expressions with Jake, 6:30 p.m., Teen Room at the Youth Services Center.
- ❑ Dance to a variety of music provided by DJ Randall at Magraders Club, 9 p.m. to 3 a.m. Magraders Club is located in the back of Magraders Pub. Cover charge is \$5 for civilians and \$3 for military.
- ❑ Texas Hold 'Em tournament, 6 p.m., NCO Club. The cost is \$20 per person.

### SATURDAY

- ❑ Step Team practice, 2 p.m., dance room at the Youth Services Center.
- ❑ Classic Soul Saturday, 9:30 p.m. to 2 a.m., Excalibur Room at the NCO Club. Cover charge is \$5 for civilians and \$3 for military.

### SUNDAY

- ❑ Family day at the Youth Services Center, 2-6 p.m.
- ❑ Traditional brunch, 11 a.m. to 2 p.m., Officers' Club. Coat and tie are no longer required. T-shirts, running attire and flip flops are not permitted.

### MONDAY

- ❑ Altered Art class with The EDGE!, 3:30-5 p.m. at 5957-D Parker Lane. Open to children 9-15. For more information, call 751-3053.
- ❑ PBA experience, 5 p.m., Century Lanes Bowling Center, \$18 per week.
- ❑ Family fun duo league, 6 p.m., Century Lanes Bowling Center, \$19 per duo.

### TUESDAY

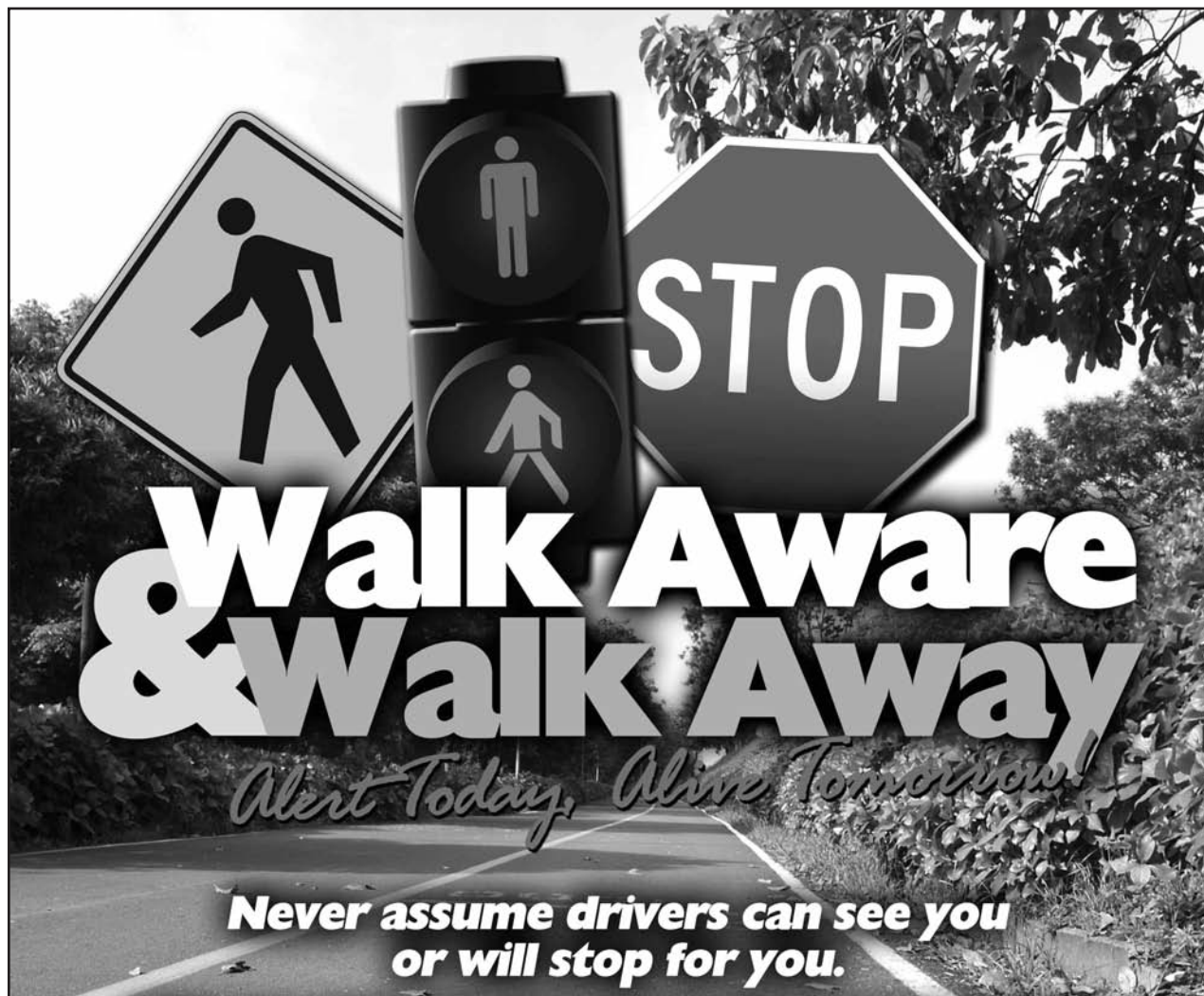
- ❑ Altered Art class with The EDGE!, 3:30-5 p.m. at 5957-D Parker Lane. Open to children 9-15. For more information, call 751-3053.

### WEDNESDAY

- ❑ Karaoke night with Tom Marable at Magraders Club. Cover charge is \$5 for civilians and \$3 for military.
- ❑ Party night, 8 p.m., NCO Club. Cover charge is \$7 for civilians and \$5 for military.

### ONGOING OFFERS

- ❑ The Officers' Club is ready to host your next special event. The club's professional staff will ensure every detail is addressed so your event will be to your specifications.
- ❑ Enjoy resort accommodations for between two and six people with the Armed Forces Vacation Club for less than one would pay for most hotels. For details of resort availability, call the reservation center at (800) 724-9988. Be sure to say you are a first-time Armed Forces vacation caller. A vacation counselor will take your enrollment and help you find an available resort. Fort Jackson is installation number 164.
- ❑ Child, Youth and School Services provides free child care and youth programming on Saturdays for active-duty parents who must work to meet mission requirements. The free child care is also available to parents who are in the National Guard or Reserve during battle training assembly. In addition, child and youth programming is available to other parents at an hourly or daily rate.





# Down and dirty

## Thousands participate in mud run

By CRYSTAL LEWIS BROWN  
Fort Jackson Leader

On Saturday, people from all over the state and beyond spent the better part of the day jumping through mud puddles, sliding down muddy hills and throwing mud pies.

And though it may sound like a parent's nightmare, it was actually what has become one of Columbia's most anticipated events — the Annual USMC Ultimate Challenge Mud Run.

About 1,800 four-person teams, or 7,200 participants, descended upon McCrady Training Center Sept. 19 to participate in the event, which is in its

16th year. Last year, 1,200 teams participated.

Alex Rollins, a teacher and track coach at North Carolina's Ashe County High School, was among those who made it through all 30 obstacles of the 4.2-mile mud-covered course.

"I think the element of running with a team is fun," he said after the race. "It was good, it was fun."

Teammate and fellow teacher Rusty Rogers added, "It's fun, and it's for a good cause."

Proceeds from the run go toward supporting Columbia-area Marines and their families who have been wounded or killed while serving on active duty. Profits are also used to support local scholar-

ships named after fallen Marines.

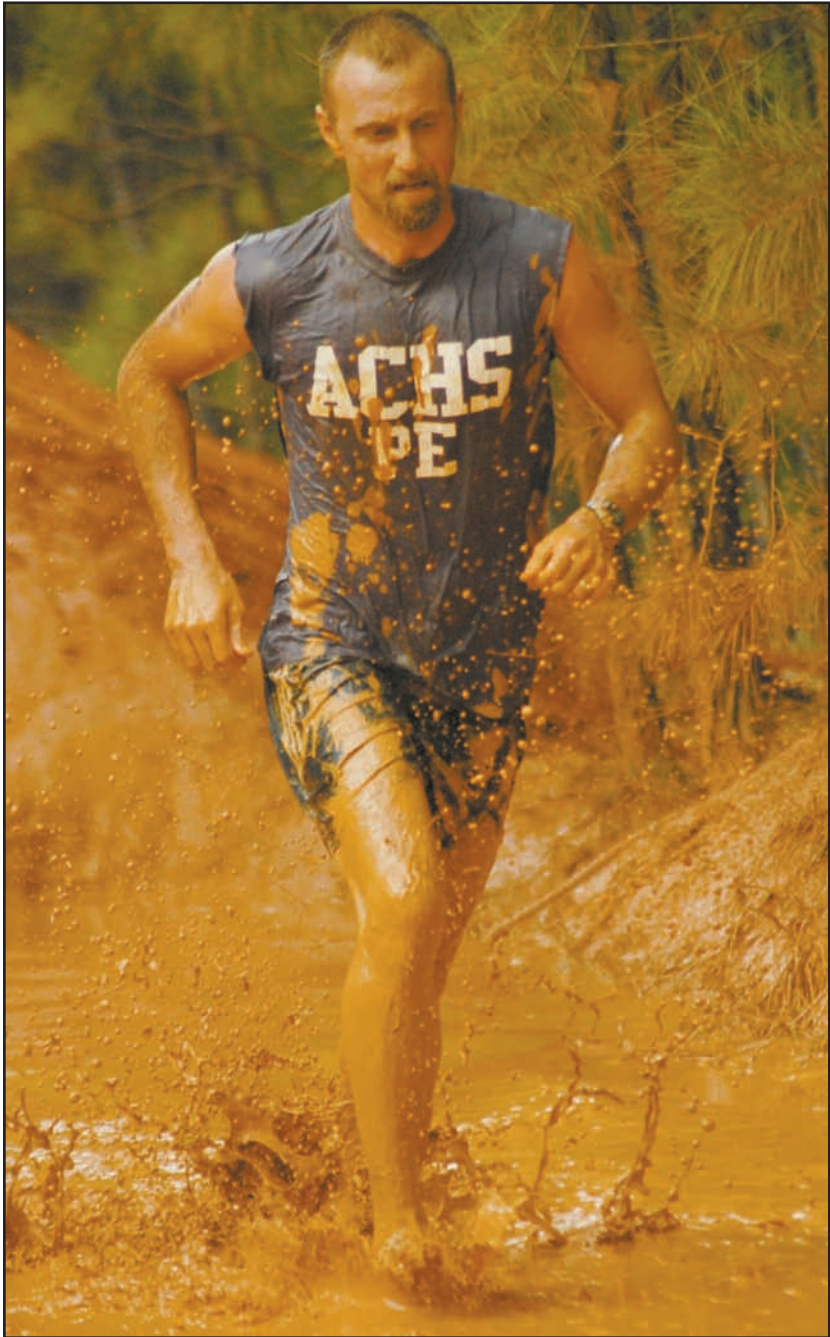
Rollins said he and the rest of team "Optimud Prime" trained for the event by running up a nearby mountain once a week. According to unofficial times posted Tuesday on the event's official Web site, the team placed 60th with a time of almost 49 minutes.

Children also had the opportunity to participate in the Pollywog Race, an off road "mini mud run."

Though the lure for the children was obvious, what enticed the adults onto the muddy course?

"It's elementary," Rollins said. "It reminds us of our youth."

Crystal.Y.Brown@us.army.mil



Participant Alex Rollins splashes through the muddy course toward the final obstacle in last week's 16th Annual USMC Ultimate Challenge Mud Run.



A mud run participant climbs over a log while a mud-covered young man trails behind him. The obstacle required participants to alternately crawl over and under logs into the muddy water.



A mud run participant takes a tumble and slides down a muddy hill while attempting to keep her balance during the next to last obstacle in last week's mud run. Proceeds from those who participated in the 30-obstacle, 4.2-mile course go toward helping wounded Marines and the families of fallen Marines.

Photos by CRYSTAL LEWIS BROWN



# Prayer not about bargaining with God

By **CHAPLAIN (CAPT.) CHARLES SCOTT**  
*3rd Battalion, 34th Infantry Regiment*

In his book, “Let me tell you a story,” Tony Campolo tells us about a little boy who, while saying his prayers, begged God for a new BMX bicycle. His mother corrected him and explained that prayer should not be an attempt to get our own selfish desires met.

It was the Christmas season, and when the boy’s mother came down the steps the next morning, she noticed something was missing from the manger scene under the Christmas tree. She was surprised to see that the little figurine of Mary was gone.

In its place was a note that read, “Dear Jesus, if you ever want to see your mother again, you had better get me that BMX bicycle.”

Certainly, we cannot blackmail God. However, most of us will admit that we have attempted to bargain with God; “God, I’ll do this for you if you do that for me.” If bargaining with God is not the way to go about prayer, what is it God really wants from us in our prayers?

Well, if God is a heavenly Father, he probably wants to



hear the same things we want from our children. What are those?

For me, I want my children to appreciate what they have, to ask for help when they need it, to admit when they have done wrong, to tell me they love me, to ask for wisdom or advice when facing a tough decision or situation, to share their thoughts, dreams and feelings, and to ask me for ways to help them use their gifts for good. I suspect God wants the same from us.

The boy’s mother was right. Prayer should not be an attempt to get what we want. Rather, prayer is about relating to God in thankfulness for what he has done, in trust for what he will do, and in love for who he is.



**PROTESTANT**

- Sunday  
8 a.m. and 11 a.m. Daniel Circle Chapel (Gospel)  
7:45 a.m. Bayonet Chapel (Hispanic)  
9 a.m. and 10:30 a.m. Magruder Chapel  
9:30 a.m. Main Post Chapel  
10:45 a.m. Post-wide Sunday School (Main Post Chapel)  
11 a.m. Memorial Chapel  
11 a.m. Chapel Next, Bayonet Chapel
- Wednesday  
6 p.m. Prayer Service Daniel Circle Chapel  
7 p.m. Gospel Mid-week Service Daniel Circle Chapel
- Protestant Bible Study**  
■ Monday  
7 p.m. Women’s Bible Study (PWOC — Main

- Post Chapel, Class 209)
- Wednesday  
7 p.m. Anderson Street Chapel  
7 p.m. Daniel Circle Chapel  
7 p.m. Gospel Congregation’s Youth (Daniel Circle Chapel)
  - Thursday  
9:30 a.m.-noon Women’s Bible Study (PWOC, Main Post Chapel)  
6 p.m. Neighborhood CMF/OCF Bible Study (Call 790-4699)  
7 p.m. LDS Bible Study (Anderson Chapel)
  - Saturday  
8 a.m. Men’s Prayer Breakfast (Main Post Chapel, (every second Saturday of the month in Chapel Fellowship Hall)
  - PROTESTANT YOUTH OF THE CHAPEL**  
■ Saturday  
11 a.m. Daniel Circle Chapel (third Saturday)
  - Sunday  
5 p.m. Main Post Chapel

**CATHOLIC**

- Monday-Thursday  
11:30 a.m. Mass (Main Post Chapel)
- Sunday  
8 a.m. Mass (MG Robert B. Solomon Center)  
11 a.m. Mass (Main Post Chapel)

- 9:30 a.m. CCD (Education Center)  
9:30 a.m. Adult Sunday School  
12:30 a.m. Catholic Youth Ministry
- Wednesday  
7 p.m. Rosary  
7:30 p.m. RCIA/Adult Inquiry
- ANGLICAN/LITURGICAL**
- Sunday  
8 a.m. Memorial Chapel
- ISLAMIC**
- Sunday  
8-10 a.m. Islamic Studies (Main Post Chapel)
  - Friday  
12:30-1:45 p.m. Jumah Services (Main Post Chapel)
- JEWISH**
- Sunday  
9:30-10:30 a.m. Memorial Chapel  
10:30-11:30 a.m. Jewish Book Study (Post Conference Room)
- CHURCH OF CHRIST**
- Sunday  
11:30 a.m. Anderson Street Chapel

**LATTER DAY SAINTS**

- Sunday  
9:30 a.m. Anderson Street Chapel

**ADDRESSES, PHONE NUMBERS**

- Daniel Circle Chapel**  
3359 Daniel Circle, corner of Jackson Boulevard, 751-4478
- Main Post Chapel**  
4580 Strom Thurmond Blvd., corner of Scales Avenue, 751-6469
- Bayonet Chapel**  
9476 Kemper St., 751-4542
- Family Life Chaplain**  
4850 Strom Thurmond Blvd. (inside of Main Post Chapel), 751-5780
- Anderson Street Chapel**  
2335 Anderson St., corner of Jackson Boulevard, 751-7032
- Education Center**  
4581 Scales Ave.
- Magruder Chapel**  
4360 Magruder Ave., 751-3883
- 120th Rec. Bn. Chapel**  
1895 Washington St., 751-5086
- Memorial Chapel**  
4470 Jackson Blvd., 751-7324
- Chaplain School**  
10100 Lee Road, 751-8050



# EAP helps employees deal with problems

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## Army Substance Abuse Program

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*What is the Fort Jackson Employee Assistance Program?*

The EAP is a work site-based program designed to help with personal problems that impair work performance. The EAP is an integral part of the Army Substance Abuse Program. EAP offers assessment, short-term counseling and referral services.

Sometimes people experience personal challenges during which the intensity of their emotions may be too hard for them to handle on their own. Seeking services from the EAP is a healthy sign.

*Who is authorized to receive EAP services?*

EAP services are available to family members of active duty military personnel, retirees, DA civilians and their family members. EAP services are both confidential and free.

DA civilians’ supervisors may recommend that their employees meet with the EAP coordinator if personal prob-

lems are affecting an employee’s work performance.

*What should I expect when I make an appointment with EAP?*

You will report to Building 3250, Sumter Avenue and meet with Sandra Barnes, Fort Jackson’s EAP coordinator. Typically, during your first appointment, Barnes will ask you about the situation that brought you there, and how you are coping at work, at home and with others.

When she has a good understanding of your concerns, she will provide you with feedback, information and recommendations.

Barnes will work with you to develop a plan for resolving your issues and concerns.

*What services does EAP offer?*

The EAP offers assessment and referrals for, but not limited to: drug and alcohol abuse, family and marital issues, health and wellness and high stress levels.

*How long will I be involved with EAP?*

Clients are only involved as long as needed. Services include follow up, case closure and evaluation of the services. If you are a supervisory referral and accept EAP assistance, you will be involved with the EAP until the problem is resolved.

*What is a supervisory referral?*

Sometimes supervisors recommend employees speak with the EAP coordinator because they are having problems at their work place. At the first meeting, information will be gathered to gain an understanding of the problems leading to the supervisory referral.

Employees will be asked to sign a release of information that allows the EAP coordinator to speak with the supervisor to ensure you have followed through with the referral. No further information will be shared by the EAP coordinator about the employee unless the employee consents.

***Editor’s note:*** Sandra Barnes is the EAP coordinator. The hours of operation for the EAP are Monday through Friday; 8 a.m. to 4:30 p.m. For more information or to make an appointment, call 751-5007.

# Late payments lead to costly options

By **CAPT. SCOTT SOMERSET**  
*Legal Assistance Attorney*

Car payments are most Americans' second largest monthly expense, second only to mortgages. Therefore, it is not too surprising that many people fall behind in their car payments. What is surprising, however, is how few of these people understand their options when they do fall behind.

The best option, of course, is to avoid falling behind.

First and foremost, make sure you buy a vehicle you can afford. If you follow this advice, you can avoid the more unpleasant options described later.

Secondly, whenever possible, do not finance and purchase your vehicle from the same dealership. Dealerships do not specialize in issuing loans. They specialize in making money from the sale of cars.

Dealerships are notorious for exploiting people, especially young Soldiers, with extremely high interest rates. Instead, try to get a loan from a secondary source, preferably a bank.

Use this loan, which will most likely have a much lower interest rate, to buy the car from the dealer.

In addition, once you see that you are falling behind in your car payments; reduce your less essential expenses so that you can continue to make your payments. Less essential expenses include restaurants, entertainment and excess utilities.

Unfortunately, people do not always go with that first option and thus get stuck with car payments they cannot afford. There are still several options available.

The first step, though, before trying any of these options, is to see Army Community Services. ACS will help you determine which of the following options will work the best in your situation or if you actually need to resort to any of these options in the first place.

## *Option 1 — Ask the lender for a deferment*

Use this option as soon as you realize you are about to fall behind in your payments. Negotiate with the lender and see if you can delay your payments or make par-

tial payments until you can catch up. You will still likely have to pay some additional interest, but it will hurt your wallet and credit score a lot less in the end.

## *Option 2 — Take out a separate loan to pay off the car loan*

This option may be difficult if you have bad credit, but you should still attempt it before moving on to Options 4 or 5. This option is especially recommended if you can find a loan with a lower interest rate than the car loan.

## *Option 3 — Sell the car; pay off the loan*

Consider this option if you have enough cash to pay the difference between the money you will get from selling the car and the amount you have left on your loan. You may also be able to trade that vehicle in for a more affordable vehicle. If this option is feasible, use it before using Option 4 or 5.

## *Option 4 — Voluntary repossession*

Voluntary repossession occurs when you return the car to the dealer. Some people as-

sume once they return the car, they are good to go. This assumption is not correct.

Once you return the vehicle, the dealer will sell it at auction. The difference between what the vehicle gets at auction and what you still owe on the loan is called the "deficiency balance."

The dealer can sue you for this amount as well as charge you repossession fees. This amount will usually be fairly significant because the amount the vehicle sells for at auction is usually a small fraction of what the car is really worth. In addition, your credit score will likely take a substantial hit.

## *Option 5 — Forced repossession*

Forced repossession occurs when you keep the car after you fall behind in payments. The dealer then sends someone to your residence and takes the car back.

You owe the deficiency balance just like you did in Option 4, only your repossession fees will be substantially higher, your credit score hit will likely be more severe, and you suffer the embarrassment of having your vehicle hauled away in public.

# Regulation outlines counseling standards for Soldiers

By **MASTER SGT. ANTOINETTE GREEN**  
*Assistant Inspector General*

First Sgt. Money was checking counseling packets in his unit when he realized Spc. Down, who has been in the Army for 40 months, was not promotable and there was no mention of why in his counseling packet.

Money explained to Downs' platoon sergeant that according to AR 600-8-19, first-line leaders must counsel Soldiers who are eligible for promotion to E2 through E6 without a waiver (fully qualified) but are not recommended for promotion in writing.

Counseling should occur when the Soldier attains eligibility, and at least every three months thereafter, and include information as to why the Soldier was not recommended and what can be done to correct deficiencies or qualities that reflect a lack of promotion potential.

Counseling is a tool used in the Army for leaders to communicate with their subordinates and prepare them for greater responsibility. Counseling informs a Soldier how

he or she is performing and helps the Soldier set goals to reach his or her full potential.

Every leader has a responsibility to counsel his or her subordinate. Field Manual 6-22 separates counseling into three categories: event counseling, performance counseling and professional counseling.

Event counseling is for a specific event, such as superior performance or separation counseling.

Performance counseling is a review of a Soldier's performance over a period of time and allows goals to be set for the next period. This type of counseling periodically informs the Soldier of the standard and clarifies expectations.

According to FM 7.21.13, it is a generally accepted standard that all Soldiers receive performance counseling at least monthly. AR 623-3 covers required counseling for officers and noncommissioned officers.

Professional counseling assists each Soldier in setting and achieving short-and long-term professional goals. Professional counseling can include identifying strengths and

weaknesses, chances for civilian and military school, future duty assignment or reenlistment options.

A leader has to put adequate time and effort into counseling for it to be effective, develop the Soldier and build a team.

Financial counseling is required for Soldiers through E4. AR 210-7, 2-7d states seven calendar days shall pass between signing a life insurance application and starting an allotment for supplemental commercial life insurance.

Unit financial counselors are responsible for ensuring the seven-day, cooling-off period is enforced. The Soldier's commander may grant a waiver of the cooling-off period requirement for good cause, such as Soldier deployment or permanent change of station.

For additional guidance, you can review FM 6-22, FM 7.21.13 chapter 6, AR 600-8-19 paragraph 1-26 and AR 210-7.

These regulations and manuals provide leaders with knowledge on required counseling, different techniques and approaches on counseling.



## FIRST RESPONDER

The following are incidents compiled from reports, complaints or information received from the Fort Jackson Provost Marshal Office.

The incidents reflected are not an adjudication attesting to the guilt or innocence of any person and are provided for informational and reflective purposes only.

**Lt. Col. Ronald F. Taylor**

*Director,*

*Emergency Services/Provost Marshal*

**Sgt. Maj. Glen W. Wellman III**

*Provost Sergeant Major*

**Billy Forrester**

*Fire Chief*



audible and visual fire alarm in the building which automatically transmits to the 911 Center. Upon activation of an alarm, occupants should follow a pre-determined plan to evacuate the building and someone should be assigned to dial 911 as a secondary means of notification to the fire department.

Fire alarm systems have been known to occasionally malfunction; usually in dusty environments or from other stressors on the system. If occupants of a building notice a malfunction in the fire alarm system, they should not self diagnose or repair it. Rather, they should report it to the fire department by calling 751-4142/7217. The Directorate of Public Works has contract personnel who perform maintenance and repair on fire alarm systems.

Typical malfunctions include: dirty or broken smoke detectors, tampering with detectors, insect infestation and trouble alarm signals within the fire alarm panel. Under no circumstances should anyone except authorized personnel perform work on the fire alarm system. Tampering with the fire alarm system is a violation of Fort Jackson Regulation 420-90 and is punishable under the UCMJ.

If you need any further assistance with your fire alarm system, call the Fire Prevention Office at 751-5239.

### CASES OF THE WEEK

❑ A Soldier was charged with child endangerment after leaving her 6-month-old alone in a vehicle in the commissary parking lot, Military Police said. Commander's action against the Soldier is pending.

❑ A civilian was charged with drunken driving after attempting to enter post, MPs said. The driver was stopped after attempting to drive onto post with no driver's license. Both the driver and passenger were charged with illegal entry, and were issued permanent post bar letters.

❑ A Soldier was charged with wrongful distribution of opiates after giving another Soldier Vicodin, MPs said. The Soldier who received, and subsequently consumed, the drugs was charged with wrongful possession of opiates and wrongful use of opiates, MPs said. Both Soldiers are pending commander's action.

### TIP OF THE WEEK

When the fire alarm system in a building activates, it is an emergency signal for all occupants to evacuate the building. The fire alarm system is designed to serve as an early warning for occupants that smoke or fire has been detected. This detection is accomplished either automatically or manually. Both means of detection activate an

**crimestoppers**  
**1-888-559-TIPS**  
[www.midlandscrimestoppers.com](http://www.midlandscrimestoppers.com)

## FORCE PROTECTION THOUGHT OF THE WEEK

**Keep the flu virus to yourself.** If you are sick with flu-like symptoms, don't go to work or school. Unless you need medical attention, stay home until you are symptom-free for 24 hours OFF medication!

**Cover your cough.** Cough or sneeze into a tissue. Cough or sneeze into your upper sleeve, not your hands!

**Clean your hands often** with soap and water or alcohol based hand cleaner, especially after sneezing or coughing!

**Try fist bumping instead of shaking hands to reduce the spread of infection!**

